

Lifelong Learning Skills



Below are a few activities which develop lifelong learning skills through non formal activities:

1. Stick it!

Age: 18-30 years

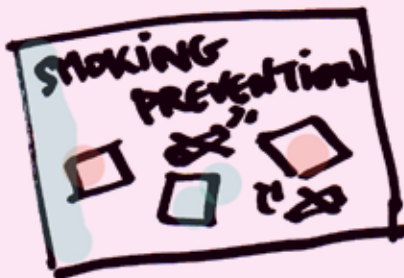
Number of participants: 2-30

Skills: decision making

Materials needed: Post-its

Instructions: Make couples. Every person has to write in a post-it one soft skill his/her pair has and put the post-it in other's face. Then, he/ she must explain to his/her pair what soft skill is using only his/her mother tongue. The second person has to guess which soft skill his/her pair wrote for him/her.

Evaluation: group reflection about the difficulties during the activity.



2. Lifelong Learning Project

Development

Age: 18+

Number of participants: 10-30

Skills: project management, entrepreneurship

Materials needed: random objects from the office



Instructions: Divide the large group in several groups of 5-6 people. Give each group the task to make one 30 minute activity to prepare their target groups about the topic of Lifelong learning. Every group has to work to develop their activity for different age groups of the local community (kids, teens, youth, adults and the elderly). Give each groups 5-5 random objects they have to use in their activity. Implement the activities and make sure that each group receives feedback from the target groups.

Evaluation: Discuss the various aspects of the activity (preparation, implementation, evaluation and usage of objects) individually with each group. Then bring everyone together in plenary and compare the experiences of the groups.

3. Back to the Future

Age: 18+

Number of participants: 2-30

Skills: reflection and evaluation skills

Materials needed: papers and pen

Instructions: Every participant has a piece of paper where is written different periods of ages: 0-5, 5-10, 10-15, 15-20. For every stage, the participant has to write one situation in which he/she developed confidence, creativity, responsibility, etc.

The participants then make pairs and share their experiences.



Evaluation: all participants discuss what was difficult and what they found out about themselves and each other.

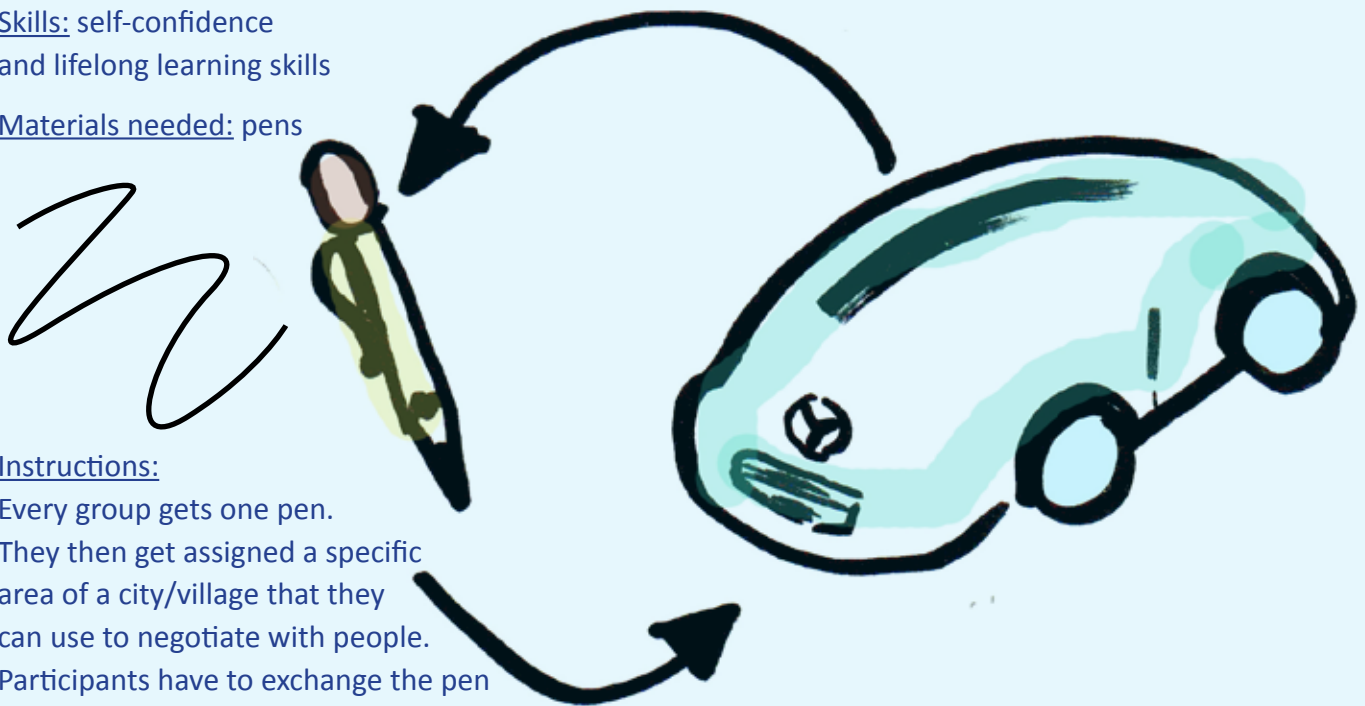
4. A Pen for a Mercedes

Age: 18-30

Number of participants: 30-40

Skills: self-confidence and lifelong learning skills

Materials needed: pens



Instructions:

Every group gets one pen.

They then get assigned a specific area of a city/village that they can use to negotiate with people.

Participants have to exchange the pen for something more valuable than the pen itself.

After 5 exchanges they have to bring something much more expensive/valuable than the pen.

There is time limit (approx. 2 hours). Each participant has to be involved in these exchanges (1 exchange-1 participant, at least)

Evaluation: Groups come back and present the objects that they managed to exchange. Then they talk about their successes and failures and after analyzing the best strategies, the conclusions are drawn.

5. Lifelong Learning Activity

Age: 18+

Number of participants: 20-40

Skills: lifelong learning skills

Instructions: Create groups of 4-5 people. Write several tasks for the groups:

- Exchange something you have (a pen, for example) with something more valuable. Come back with at least 3 things exchanged.
- Learn some words in a foreign language, by talking with tourists, locals.
- Take a video with one group of people singing a national song.
- Find out the price of underwear, bread, pita...
- Learn national dance
- Convince one unknown person to come with you and say "hello" to the trainers.
- Etc.

Send the groups out to carry out these tasks. Time: 3 hours.

Evaluation: Ask everyone to be present and present their outcomes. Then talk about how they did the task, why they could not do the task, what was easy, what was difficult, etc.

6. Self reflection Mandala.

Age: 18-30 years

Number of participants: 5-30 participants

Skills:

Materials needed:

pens, colors, relaxing music, paper, pillows and candles.

Instructions: Put some relaxing music and tell the participant to reflect about their life so far (what happened, important things they achieved...). Then, give to the people a pen and a paper and ask them to create their own 'mandala'. It is a sun: in the circle in the middle they have to write / draw their life until now. And, in the outside circle they have to write about life after this moment (learning objective and dreams for the future.) Give them 10 minutes to do this and then give them the opportunity to share their finished 'mandala'.



Evaluation: everybody express their feelings and their future dreams.